

# KETTERING ROTARY'S RUN FOR YOUR LIFE

**5K RUN AND WALK  
FRIDAY, OCTOBER 30, 2009, 6:15 P.M.**

**REGISTER ONLINE AT [WWW.RFYL.ORG](http://WWW.RFYL.ORG)**

- Location:** The Race will start and end at Community Golf Center.
- Packet Pickup:** Packet pickup begins at 4:00 p.m. 10/30/09.
- Course:** The 5k loop will start and finish at Community after winding through the streets of Kettering and showcasing Hills and Dales Metropark.
- Entry Fees:** See Fee Schedule on Entry Form. Register online at [www.RFYL.org](http://www.RFYL.org)
- T-Shirts:** Custom logo t-shirts will be available as part of the registration process.
- Costume Contest:** Top 3 children (0 to 11) and adults (11 and above). Judging for the costume contest will be held 45 minutes prior to the start of the race.
- Awards:** Top 3 Male and Female, Overall  
Top 3 Male and Female Age Divisions 8 and under, 9-11, 12-14, 15-19, 20-29, 30-39, Masters 40 – 49, Grand Masters 50-59, 60-69, 70-79, 80 and over.  
  
Awards ceremony after race. Not responsible for awards not picked up at that time.
- Post Race Party:** Post Race awards ceremony and refreshments at Community
- Race Info:** Online at [www.RFYL.org](http://www.RFYL.org)
- Results:** Posted online at [www.Keysports.net](http://www.Keysports.net)
- Rules:** Baby joggers and dogs prohibited. Obey all instructions from race and public safety officials.

